
Nadia Lim's

Pink Smoothie



Serves 4



Gluten free

Prep: 5 minutes



INGREDIENTS

Frozen raspberries 1 ¼ cups

Ripe avocado 1

Banana 1

Orange or apple juice 1 ½ cups

Water 1 cup

Natural yoghurt ½ cup

Ice cubes a handful

METHOD

1. Blend everything together in a blender or food processor until smooth.
2. Pour into glasses and serve.